Snellville Parks & Recreation
Active Adult Center 50+

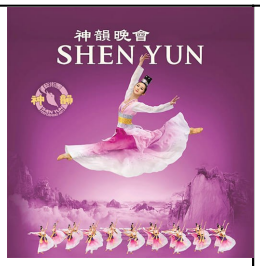
SPOTLIGHT

Jan/Feb 2026

The first day to call & sign up for programs, events and trips from this newsletter is <u>9am on Tues, Dec 30th</u>

The Cobb Energy Centre presents:

"SHEN YUN"



Thurs, Jan 29th, 11am

Cost: $145pp (ticket and bus)
($75 due by Jan 02 & $70-by Jan 16-no exceptions)

A colorful, visually stunning show with Chinese dance, live orchestra, and magical backdrops! Performances feature breathtaking choreography, beautiful costumes changes, and timeless myths and legends. This one is indeed a must-see!! **Concession food available or bring your own lunch for the bus.**

Call in on Tues, Dec 30th

Meet & Greet With Our Sponsors

Thurs, February 12th at 1pm

Come meet our wonderful center sponsor! These businesses and organizations all play an important role by contributing to us with their annual monetary donation which allows them to provide information for our <u>Resource Board</u>!

Light Refreshments and Door Prizes
Call us on Dec 30th to RSVP!

Tues, Feb 17th

@ 1pm Cost: $15pp

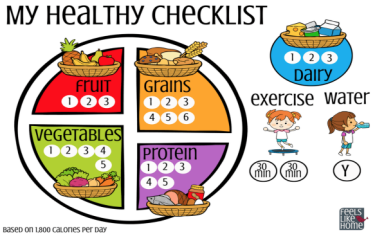
It's time to put on your bell-bottoms, jumpsuits, hot pants, wigs and dancing shoes!

We're going to boogie down and we need all those dancing queens and kings to come out and shake your groove thang with us!! Peace Out!

Refreshments & DJ...Dec 30th sign up!

Wholistic Wellness Series

A seminar designed to bring encouragement & practical ways to stay strong, balanced, and nourished! It will blend body, soul, and spirit insights with simple Detox, weight loss and nutritional tips! Initial 2 months are FREE!



Dates: Thurs, Jan 22nd & Feb 19th (1-2:30pm)

Call in on Tues, Dec 30th

Volunteer Training Class

11am-Mon, Feb 9
Sign up to attend.

We've officially changed our name to <u>The Active Adult Center</u>. We believe it's a much better description of our participants!

FREE AARP Tax Service Sign up day starts on Monday, Jan 5th at 9am. Mark your calendar!

<u>Note:</u> In order to participate in any trips/events, all rules must be followed. (Posted in the newsletter & at the center) Thanks

<u>Please read the entire newsletter/calendar for changes!</u>

<u>**All payments are due within 3 days of signing up for events/trips. After the 3rd day, your name goes on the wait list.</u>

<u>Please note: No payments accepted on Sign Up Day!</u>

**If you would like to OPT IN for reminder texts rather than to receive a phone call, contact the front desk at 770-985-3580 or email Michele at mgreham@snellville.org with your preferred cell number and name of your phone carrier and we will update your profile.

**For events/trips placement, we go by the time you call or leave a message. All walk-ins are counted from when you reach the front desk and not from the time you arrive at the center.

**Please read info on last page on events, day and overnight trips.

CLASSES, ACTIVITIES & MORE

Check the calendar for detailed room, location and other possible changes!

CARD MAKING CLASS

With Nina at 1pm…$10/class

Learn to make beautiful personal greeting cards!

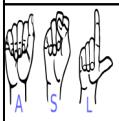
1x/mo. on Mon, Jan 26th & Feb 23rd

Hi-Lo's of Snellville

This is a singing group that is full of life and gives back to the community! They practice **Mon at 1pm (Jan 26 & Feb 2, 16)**

Come test out your vocals & enjoy!!!

Beginner Sign Language



Classes back March 2026

Book Club 1x/mo at 11

Join us **Fri, Jan 9th & Feb 13th**

"Sideways on a Scooter:" -Miranda K.-Jan

"Mona's Eyes"-Thomas Schlesser –Feb

Devotional Study Group

2nd & 4th Tues-1pm with Rhonda

Listen, Enjoy, Share, Learn and fellowship!

Jan 13th, 27th & Feb 10th, 24th

PINOCHLE-Mondays @ 9:30am

Jan 5, 12, 26 & Feb 2, 9, 16, 23

Fun to play, learn and meet a new friend!

LINE DANCING with Angela

Every Wednesday-Pay Instructor-$5/class

1-2p-Beginners, 1:30-2:30p-Intermediate, 2:30-3:30p-Advanced (At least 4 to hold class)

This class offers fun, brain skills & excitement! Old & new dances! Just come, try & enjoy!

Fun with Paints ($18)

This class is similar to paint & sip! It's a step by step process. Amazing outcome! **Yes you can do it!**

Pay Instructor! All materials included!

12:30-Mon, Jan 26 & Feb 23 **Sign up!**

Royal Hatters-1pm

Thurs, Jan 8th & Feb 5th

This Red & Purple hat group is full of excitement, fellowship & sisterhood!

Membership for this chapter is closed!

Game Day Group @ 1pm

This group will play various games such as Rummikub, Dominos and card games like Phase 10 & more! Come, enjoy and learn new games!

Fri, Jan 9, 16, 23
Fri, Feb 13, 20, 27

Card Sharks & More!

Spades, Hearts, Bid Whist, etc.

Never played? We teach!!!

1 pm...1st Tues, 2nd & 3rd Fri

Jan 6, 9, 16 & Feb 3, 13, 20

Piano Lessons-$5/class

All levels are welcome! Wed classes

Classes are full at this time!

You must pay monthly!

Call the Front desk to go on the wait list!

Instructor: Sherry

If you are interested in learning about Digital Storytelling, Gardening, Nutritional Cooking tips, Mentor-Mentee Programs or any classes, tell the front desk!

The Senior Center will be closed on Thurs & Fri,

Jan 1st-New Year's Day and Jan 19th-MLK Holiday!

Be safe and Enjoy!!!
Happy Holidays!!!!

CROCHET & KNITTING CLASS

(Free) Tuesdays at Noon

Fun, fun and fun! All levels are welcome for instruction and help or just fellowship w/others! It's never too late to learn!

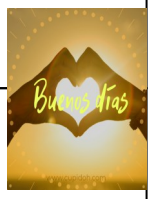
Instructor: Delrose

SPANISH with ISABEL-$5

9:15-10:15-Spanish One

Tues & Thurs-Sept 2-May 21, 2026

Pay Instructors per class



Spanish with Luis

$5/class (Sept 5-May 22, 2026)

Beginners-Mon & Fri 10:20-11:20

Intermediate-Thursdays 9:15-10:15

Conversational-Thursdays 9:15-10:15

No Spanish Jan 2nd & Feb 12-16

BINGO

1st Friday of each month
1pm…Jan 2nd & Feb 6th

Bring a snack & meet a new friend! It's fun & fellowship!

Sponsor: The Active Adult Center!!

Let's Play Chess!!

All are welcome from **beginners to advanced players**!

Come out for fellowship and learn!

Bring a chess set if you have one or not!

Jan 27, 30 & Feb 24, 27 (1-3pm/Tues & Fri)

Bring a snack to share & join the FUN!

Happy Birthday!

To all who will celebrate a birthday in **January/February!!!**

Enjoy YOUR Special!

EXERCISE THE MIND, BODY & SOUL

Check the calendar for detailed room, location and other possible changes!

"Exercise Aerobics"-FREE

Mondays & Thursdays

Exercise the pounds away!

9:15am (Peg) & 10:15am (Jane)

Classes are full! Go to only one please!

"Classic Hatha Yoga w/ Linda" $5

This class is for dedicated and experienced Yogis! **Woosah!**
Tuesdays at 10am-pay instructor!

"SOLE BUSTERS Walk Group"

Join us on Weds at 9am

Only if weather permits!

"Stretch & Strength" w/ Staci

$5/class-Weds 9:15am–Pay Instructor

Learn the proper way to stretch your body as you strengthen your muscles! Much Needed!

"Twist & Tone" w/ Jane

$5/class-Weds 10:15am–Pay Instructor

Toning to the beat in this fun impact class!
Just watch the inches fade away!

"Exercise Room Training"

Members must be trained
on the equipment prior to utilizing.
Wednesdays
Jan 14, 28 & Feb 11, 25
12:15, 12:30 or 12:45
Must Sign up for a slot (3 max)

"Qigong/Tai Chi" ($5/class)

Tues @ 1:30pm at Briscoe Park Office

This class will focus on balance, stretch, memory and flexibility! It is a relaxing way to learn all of the above! A Peaceful Class!

Must pay for the month at 1st Class.

Wear Tennis shoes! No open toes!

Billiards/Pool Room

Come play a game of pool and meet some new friends! It's lots of FUN!

"Blood Pressure Checks"

2nd Thursday

Jan 8th and Feb 12th

10am-11:30am

Sponsor "Manor Lake Snellville"

EXPLORE MORE.... FUN EVENTS

What's Happening At Briscoe Park

The park offers a variety of Programs for all Ages

****Adult & Youth Sports***-*www.quickscores.com/Snellville*
(Basketball: 8U,10U,12U also offering Kickball & Tennis)

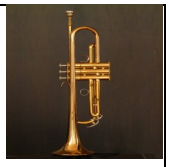
****Youth Basketball–*** call the Park Office for details.
****Generals Athletic Club*** *(For Youth)-www.gac-sports.org*
****All-In FC (Youth Soccer)***-*www.allinfc.com*
****Martial Arts*** *(Tues 6-7pm)*
****Adult Pickleball at Snellville Community Church***
(Matthew McLendon 678-430-6019)
****Tennis lessons for all*** *@ www.aetennis.com*

There is so much going on through Briscoe!

Call the Park office at 770-985-3535 for room rentals & more
Check Facebook: www.Facebook.com/SnellvilleParks and
Website: www.snellville.org/parks-recreation for more info!

WHAT'S HAPPENING ON "THE TOWNE GREENE"

www.SnellvilleEvents.com



Check the above website for calendar of events such as Concerts on the Greene & other happenings!

Snellville Farmer's Market

October-May (1st & 3rd Sat only 9-12)
June-Sept (every Saturday 8:30-12:30)
Come out and enjoy some fresh fruits, vegetables & other homemade items!

Snellville Parks & Recreation
Active Adult Center

2350 Oak Rd
Snellville, GA 30078

Phone: 770-985-3580
Fax: 770-985-3583

Director:
Kathi Gargiulo
kgargiulo@snellville.org

Program Coordinator
Tracey Mason Glass
tglass@snellville.org

Program Assistants II
Michele Gresham
mgresham@snellville.org

Elizabeth Weaver
eweaver@snellville.org

Check out our FACEBOOK page for updates that may not make it into the newsletter!

Www.facebook.com/snellvillescactiveadults/

Website: www.snellville.org (click on Community then Senior Center/Parks & Rec)

NEW 2026 MEMBERSHIP FEES

Annual Membership starts from date you sign up.
We take Cash, Checks and Cards (3% charge)
Sign up available now online at
www.snellville.recdesk.com

$20 City Limit Resident
$35 Gwinnett County Resident
$45 Non-County Resident

Travel Club Meeting
Mon, Jan 12th @ 11:30am

Advisory Committee Mtg
Tues, Jan 13th @ 2pm

Center Events/Day & Overnight Trips

If YOU cancel, we will call the waiting list first to attempt to reimburse you. However, if there's no one on the wait list, then, you're responsible to find a replacement or there is no refund. It's best to get your name on the waiting list asap. We will call if there is a cancellation but we won't be able to leave a message. For emergency only, please contact us immediately and, if possible, we will do our best to reimburse you or credit your account.

NOTE: For overnight trips only, we take cash, money orders or checks which are to be written to Delrose Johnson, our Travel Club President.
Credit card payments are Not Accepted for overnight.
Monthly payments are required. Otherwise, your name will go on the Waitlist after 2 months of non-payment.
Deposits are subject to being non-refundable and have a different criteria based on the trip taken.
Please note, you can sign only yourself up for events/ trips unless adding a caregiver or member spouse.

AARP DRIVING COURSE

Fri, Jan 16 & Feb 13 at 9am
$20 for AARP Members
$25 for Non-AARP Mem
Call front desk at 770-985-3580 for a slot!

Candy Donations are GREATLY Appreciated!

Some of these groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

GROUP	MEETING DAY	TIME	CONTACT	CONTACT #
ANYTIME STITCHIN'	Wednesdays	10am-4pm	Joanne Swanson	Contact in person
BRIDGE	Thursdays	12:00-4:00	John Holden	(404) 316-8480
CANASTA	Mondays	12:00-4:00	Debbie Parrish	(404) 372-7406
TELEPHONE PIONEERS	3rd Tuesday	9:30am	Thomas McDugald	(770) 938-6075
BRIDGE BUDDIES	1st Tuesday	12:00pm	John Holden	Private Group